

# Supplemental Episode Information

"All Rise for the Queen!"  
with Jamie Spore, Ms. Wheelchair  
Michigan, 2016

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**Hosted by Adrienne  
Trier-Bieniek, Ph.D.**

On this podcast I talk with my friend, and Ms. Wheelchair Michigan 2016, Jamie Spore. Jamie was born over forty years ago with the spinal cord defect Spina Bifida, as well as the incurable brain condition Hydrocephalus. Jamie's mother taught her at a young age about the importance of advocacy making Jamie very passionate about advocating and educating on the topics of visible and invisible disabilities such as, Spina Bifida, Hydrocephalus, Depression, and Anxiety. In 2016, Jamie was crowned Ms. Wheelchair Michigan. Throughout her reign, Jamie traveled around the Midwest sharing her platform, "Choose Hope," and sharing her story to encourage people of all abilities and disabilities to have hope in the face of adversity. We talk about all of these things as well as Jamie's penchant for jumping out of airplanes.

## Episode Notes:

- Hydrocephalus information from the Mayo Clinic.
- Spina bifida information from the Mayo Clinic.
- American's with Disabilities Act
- Help with Depression

## Links:

- [Link to episode on Soundcloud](#)
- [Link to episode on Apple Podcasts](#)

## Relevant Terms, Topics, or Courses

- Gender
- American's with Disabilities Act
- Ability and Disability Studies
- Mental Health
- American Healthcare

## Classroom Discussion Questions:

1. What was your understanding of the American's with Disabilities Act before listening to the episode? After?
2. What relationship does Jamie build between her physical and mental health?
3. Consider what you know about American health care and the cost of getting care. After listening to Jamie, what are two or three connections you can make between the social problems/factors discussed in class and the experiences people with chronic illness at the doctor?
4. Similarly to the above question, after listening to Jamie, what are two or three ways we could better our society or culture with regard to people dealing with any type of disability?
5. Look at other countries and their use of universal health care. (The UK, Scandinavian Countries, and Canada are good places to start.) Then, look at the main sociological theories we have covered this semester. Which theory best explains the difference between America and the country you selected? Why?

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